

YEAR PLAN - 2022 - 23
STD - VII PHYSICS

<u>MONTH</u>	<u>NAME OF CHAPTER</u>
June	Chapter 1: Physical quantities and measurements
July	Chapter 2 : Motion
August	Revision/Exam
September	Chapter 3 : Energy
October	Chapter 5 : Heat
November	Chapter 7 : Electricity and Magnetism
December	Revision - Exam
January	Chapter 4 : Light
February	Chapter 6 : Sound
March	Revision